

# **Attention Athletes** Don't pay a penalty for **NOT** WEARING A MOUTHGUARD

Athletes are

# A CUSTOM MOUTHGUARD

is the **best mouthguard** in terms of fit, comfort, and protection. Consult your dentist.



60 TIMES more likely to suffer damage to the mouth when not wearing a mouthguard.





The cost to repair a **knocked out tooth** and follow-up dental treatment can cost **THOUSANDS OF DOLLARS,** many times greater than the price of a **MOUTHGUARD**.

## **DO NOT** wear a retainer

or other removable appliance while participating in any contact sports.



#### More than 5 MILLION TEETH

#### are **knocked out** each year through sports injury,

accident, or play.



Even athletes who use HELMETS or FACE MASKS should wear MOUTHGUARDS.



### **Sponsored by:**



massdental.org



MASSACHUSETTS MEDICAL SOCIETY

massmed.org



mcaap.org



To order more posters go to massdental.org/mouthguards