

Do you need Help?



Have you
been hurt, hit
or threatened?

Are you afraid
for your children
or yourself?

Are you being abused or
bullied by someone?

Help is available.

Please speak to your doctor
or hygienist about what you
are experiencing.

You don't have to do this **Alone.**

FOR HELP AND CONCERNS ABOUT DOMESTIC VIOLENCE OR SEXUAL ASSAULT

MASS Domestic Violence
SafeLink Hotline **(877) 785-2020**
www.casamyrna.org

National Teen Dating Abuse Hotline
(866) 331-9474
www.loveisrespect.org

Boston Area Rape Crisis Center
24/7 Hotline **(800) 841-8371**
www.barcc.org

FOR HELP AND CONCERNS RELATED TO ABUSE OF A CHILD, ELDER OR PERSON WITH DISABILITIES OR FOR MORE INFORMATION

Massachusetts Department of Children and Families, ages birth to 17
Child-At-Risk Hotline **(800) 792-5200**
www.mass.gov/dcf

Disabled Persons Protection Commission, ages 18 to 59
24-hour Hotline **(800) 426-9009**
www.mass.gov/dppc

Massachusetts Department of Elder Affairs, ages 60 and above
Elder Abuse Hotline **(800) 922-2275**
www.mass.gov/elders